

Massage

AROMATHERAPY

Swedish massage techniques and warmed blend of aromatherapy oils to relax and recharge your body and senses.

Full Body	60 mins	£40.00
Back	45 mins	£35.00
Foot & Leg	30 mins	£30.00
	30 mins	£30.00



HOT STONE

Warmed basalt stones melt away tension, the heat from stones combined with Swedish massage techniques, eases muscle stiffness and increases circulation and healing to muscles

DEEP TISSUE

Results driven massage focuses on realigning deeper layers of muscles and tissue. For chronic aches and pains, sports injuries or built up tension over time.

Full Body	60 mins	£45.00
Back & Legs	45 mins	£40.00
Back	30 mins	£35.00

At this precious time your body needs all the TLC possible. Gentle massage and relaxation is focused on all the areas you're feeling the strain. The massage is adapted to your individual needs so you're comfortable at all times.

PREPREGNANCY MASSAGE

60 mins **£40.00**

Body Treatments

Full Body Scrub 30 mins **£20.00**

Cellulite Buster
The deep massage techniques combined with body brushing and exfoliation are fantastic for breaking down stubborn areas of fat and cellulite. Followed by detox masque wrap. Drink plenty of water and exercise after to enhance treatment.

45 mins **£30.00**

Course of 3 Cellulite Buster - £65 (SAVE £25!)
Course of 6 Cellulite Buster - £120 (SAVE £60!)

Hours Recharge

Take a break with our deeply relaxing Hours Recharge experience which consists of a back exfoliation and massage, a facial and head massage.

£50.00

Back Cleanse Treatment

Using Dermatologica expert skin care to leave your skin smooth, clear & muscles relaxed. Your back is steamed, cleansed and exfoliated followed by relaxing balm and massage.

£30.00

Opening Times

Monday	12pm to 8pm
Tuesday	10am to 9pm
Wednesday	Closed
Thursday	10am to 9pm
Friday	10am to 6pm
Saturday	9am to 6pm
Sunday	Closed



Sunbeds

COURSES

ONE Hour	£26.00
TWO Hour	£50.00
THREE Hour	£71.00
UNLIMITED COURSE ONE MONTH	£35

Single Sessions

45p per minute	
6 mins	£2.70
9 mins	£4.05
12 mins	£5.40
15 mins	£6.75

HIGH SPEED TANNING

ONLY 45p per minute

Celebrating 10 Years of Halo



Microdermabrasion

CRYSTAL CLEAR

Microdermabrasion is one of the best anti-ageing treatments available as it is progressive not aggressive. Using fine blast of crystals to remove any blocked pores and dull dead skin to instantly reveal a brighter more youthful complexion. 7-10 days apart is recommended to remove longer lasting concerns such as wrinkles and sun damage, uneven skin tone, pigmentation and post breakout scarring or any roughness.

Microdermabrasion Facial 45 min

£45.00
Fantastic resurfacing results finished with cream masque to hydrate and calm skin. Finished with serum, moisturizer and SPF.

Deluxe Microdermabrasion 60min with Lifting Masque

£55.00
Impressive resurfacing followed by Lifting phase to plump and firm the muscles. Mini Lift masque cools hydrates and firms the skin.

Deluxe Microdermabrasion 60min with LED Masque

£55.00
As above. With the choice of LED light therapy masque to achieve deeper levels of results. See LED facials for benefits.

Facials

DERMATOLOGICA

ProSkin30 -

Our 30 minute facial is tailored to you, includes professional exfoliation serums and cream mask

£30.00

ProSkin60 -

ProSkin60 With LED -

£47.50

Our ultimate 60 minute facial customized to target your skins concerns. To leave your skin radiant and glowing. Includes professional exfoliation, steam and extraction, ultrasonic to boost hydration. Lifting massage and mask.

Dermaplaning

Dermaplaning with LED

Dermaplaning provides an effective and safe exfoliation treatment that promotes deeper product penetration, by removing dead skin and fine fluffy hairs while making the skin look and feel smoother.

£50.00

£60.00

Mini boost treatment for 15min of intense light therapy. Save money by adding on your treatment when you're in the salon for any other treatment.

Course of 3 LED 30min - £60 (SAVE £30!)
Course of 6 LED 30min - £100 (SAVE 80!)



4a Lakeside Business Village, Fleming Road, Chafford Hundred RM16 6EW

Tel: 01375 482629

www.halobeautyandtanning.co.uk

Laser Hair Removal

We offer the Lumenis Light Sheer Desire Laser Hair removal at Hello Beauty and Tanning. LASER is the most permanent method of hair reduction. We offer a wide range of areas with facial and body hair removal with our experienced therapists.

Permanent hair removal gives the best results and you never have to worry about your regular shaving or waxing routine.

We recommend course of 6 to 8 would permanently remove hair growth.

PATCH TEST 15MIN

FREE



Before and after - client of Halo, May 2016 - June 2017. Eight full back sessions.

HD BROWS

HD BROWS is a seven step treatment that focuses on natural regrowth of your own brows. It involves a combination of techniques including tinting, waxing and threading using specialist HD BROW products. Course of treatments for the best results.

HD BROWS £35.00
The full treatment recommended every 6-9 weeks to regrow your brows their best shape. Your brows are precisely shaped tinted and threaded to your desired shape.

HD BROWS with Lamination £43.00
Our signature HD Brows treatment with the added Brow Lamination, this is a two step perming treatment that involves correcting the direction of the hair growth. Creates a more fuller uniform look with a higher arch and more desirable brow shape. Your brows are precisely shaped tinted and threaded to your desired shape.

Eye Treatments

EyeLash Lift & Tint £36.00
Natural lashes are lifted, darkened and thickened to achieve an eye opening result.

EyeLash Lift £30.00
Same as above with no tint. Suitable for naturally darker eyelashes.

EyeLash Tint £15.00
EyeBrow Tint £8.00

HENNA BROWS £30.00



Facial Areas	£40.00 (6 for £200)	Medium Area	£75.00 (6 for £375)
Lip		Half Leg	
Chin		Brazilian	
Jawline		Half Back	
Cheeks		Chest	
Hairline		Full Arm	
Body Areas		Larger Area	£100.00 (6 for £500)
Small Area	£50.00 (6 for £250)	Full Leg	
Underarms		Full Back	
Bikini Line		Hollywood	
Abdomen			
Half Arm			

Prices are per area for each session. Any other areas available at request or multiple areas discount given during consultation.

Manicures & Gel Nails

OPI Standard Manicure £22.00
Cuticles and nails tidied. Hands scrubbed and massaged. Finished with OPI strengthener and polish.

OPI GEL COLOUR
Gel polish application with cuticles tidied, nails shaped.

OPI GelColour Nails £26.00
To add manicure + £10.00
To add nail art + £2.00

OPI GelColour with senior Therapist £29.00

OPI GelColour Toes £25.00
OPI Gel polish application on toes with cuticles tidied, nails shaped.

OPI GelColour Hands & Toes* £45.00
*Selected Therapists

BIO SCULPTURE GEL
A premium buildable gel that enhances the growth and strength of your natural nails. Lasts up to 4 weeks

Bio Sculpture Gel Nails £38.00

Bio Sculpture Gel Nails with Senior Therapist £40.00



Bundles

Save money with our bundles
EyeLashes & Brow Tint £20.00

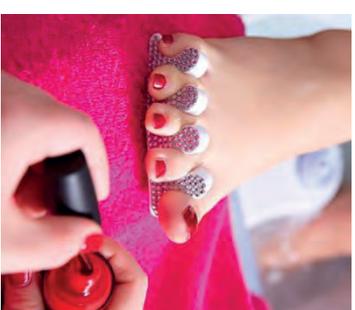
EyeLash Tint & HD Brows £45.00
This duo darkens and defines lashes to compliment your new HD Brows

EyeLash Lift & Tint & HD Brows treatment £60.00
Lift your eyes and frame your face with all in one treatment.

EyeLash lift & Tint & HD Brows Lamination £70.00
Lift and enhance your total eye area with this lifting and defining treatment for both lash and brows.



O-P-I



Mens

Pedicure £30.00
Foot soak and scrub, thorough hard skin removal and relaxing foot massage. Nails and cuticles tidied.

Dermatological Facial £47.50
Deep cleansing facial to treat any skin concerns. Including shaving irritations, dryness or rough skin and redness and premature ageing

Deep Tissue Massage
Results driven massage focuses on deeper layers of muscles. For chronic aches and pains, sports injuries.

Pedicures

File & Repolish on Toes £15.00

OPI Express Pedicure £20.00

OPI Standard Pedicure £28.00
Hard skin removal, foot soak and massage, cuticles tidied and nails buffed shaped and finished with OPI strengthener and polish.

OPI Luxury Pedicure £32.00

As above with the addition of longer massage and warm paraffin wax for added benefits.

Credo Pedicure £35.00

Credo blade and harsh files used to thoroughly remove all hard skin. Rich repairing balm is massaged in. Cuticles tidied and nails buffed shaped and finished with OPI.

OPI Gel Pedicure £40.00

OPI gel polish applied followed by standard pedicure. Gel polish lasts 8-10 weeks on toes.

Facial Hair Removal

	Wax	Hot wax
EyeBrows	£10	£12
Lip or chin	£7	£8
Sides or cheek	--	£10

Waxing

Sensitive strip wax used. Fast and effective hair removal.

Full Leg	£32.00
¾ Leg	£30.00
½ Leg	£22.00
Underarm	£12.00
Full Arm	£22.00
High Leg Bikini	£18.00
Standard Bikini	£17.00
½ Arm	£12.00
Abdomen	£14.00

Lycion Hot Wax

Lycion specially designed to be gentle on skin but effective for short, stubborn hair growth.

High Leg Bikini	£20.00
Brazilian	£32.00
Hollywood	£35.00
Underarm	£14.00



Spray Tan

Fake Bake Spray Tan £25.00
Premium brand tan. For natural looking lasting tan. Lasts up to 10 days.

Fake Bake 60 min Spray Tan £26.50
Fast developing tan with same Fake Bake colour. No need to leave on overnight.

Fake Bake Prep & Tan £35.00
Essential Fake Bake full body scrub and prep prior to spray tan, this ensures most even and long lasting results.

Rebooking discount within 6 weeks
SAVE 10%

Course of 3 HD BROWS 595 SAVE £101
Course of 6 HD BROWS £175 SAVE £351